



Dinner

at Brisa Azul

HALF portions available

FIRST COURSES



Pejibaye and Camote Soup

Velvety golden *pejibaye* and creamy white *camote* pair richly with a dollop of sour cream. **Pejibaye** is an Osa native, vitamin/mineral rich palm that produces starchy plum-size fruit that are traditionally boiled, peeled and served with mayonnaise. Endemic **Camote** is a veining ground plant producing white, sweet potato roots.

Fresh Palm Heart Salad

Shaved fresh-cut palm hearts, shredded red cabbage, crispy spinach and roasted sweet pepper strips are tossed in a tangy sesame dressing with ground peanuts and crispy wontons. **Palmito**, palm hearts, are products of shoots of the Osa-endemic *B. gasipaes* palm; common name, *pejibaye*.

MAIN COURSES



Ginger Glazed Fish

Grilled fish fillets are brushed with a honey-soy glaze, sautéed and served on a smooth ginger-butter sauce. Accompanied with garden vegetable rice and baked yellow squash.

Coconut Crusted Pork Chops

Grilled pork chops encrusted with coconut, macadamia nuts, a touch of honey, mustard and fresh herbs. Served with mashed *yuca* and stuffed baby *chayote*. **Yuca**, better known as *cassava*, is a white tuber cooked like a potato and is an integral part of the Costa Rican diet. **Chayote** (or *mirliton*) is a large pear-shaped gourd, summer squash-like in flavor and a favorite food of Costa Ricans. Grows plentifully on vines throughout the countryside.

Vegetable Stir Fry Burrito



A combination of sautéed mixed vegetables, grated cheese and fresh herbs wrapped in a tomato flour tortilla, lightly fried and served with our famous *salsa ranchera*, garden vegetable rice and baked yellow squash.

DESSERTS

Mocha Bread Pudding

Rich in chocolate and laced with Café Rica - a Costa Rican coffee liqueur. These individual, warm puddings are served atop a passionfruit coulis and a whipped cream dollop.

Fresh Fruit Compote

A blend of fresh tropical fruits topped with a drizzle of Jamaican Malibu Rum.

*Tonight's dinner rolls are made with yuca.
They are crusty on the outside and slightly chewy in the center.*

